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NOTICE

DEAR VALUED MEMBER,

Please take note of the following directive issued by NAMFISA to all medical aid funds in Namibia, as it concerns the future of your gym rebates and wellness programme benefits.

NAMFISA has declared—under authority of the Medical Aid Fund Act, 1995 (Act No. 23 of 1995) (“the MAF Act”)—that any services and programmes covered within the scope of a “medical aid” are to be provided solely by people registered in terms of the law.

Any services, programmes or clubs not aligned with this directive are to be **discontinued by 31 December 2018**, and these primarily include:

- Gym memberships (unless prescribed by a person registered in terms of any law)
- Boot camp fitness training
- Quit smoking programmes
- Cooking workshops
- Walking clubs
- Corporate wellness programmes offering information, education and health screenings to employees
- As well as “any other type of wellness programme that does not involve the provision of health care treatment by a person registered in terms of any law as contemplated in the MAF Act.”

Kindly take the discontinuation date of 31 December 2018 into account when renewing your gym membership. NMC will be engaging with stakeholders and updating you as new information becomes available.

Alison Begley
Principal Officer NMC Fund